

# CONSUMER SURVIVOR PROJECT

## MAY 2009

YOU ARE NOT ALONE!!! WE ARE HERE TO HELP

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STAFF:  
Kelly Brown,  
Executive  
Director

Shawna  
Johnson,  
Program  
Coordinator,

Matt Blake-  
man, PSW

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Town meeting @ 9:00 a.m.  Concurrent disorder group @ 1:00 p.m.	2 Please check the PSP Calendar for scheduled workshop
3	4 John Rice, Native Speaker @ 10:00  Social afternoon	5 Membership/ fundraising meeting @ 10 a.m. Depression group @ 1:00 p.m.	6 Morning @ the "Y"  CBT with Cory at 1:00 p.m.	7 Morning @ the "Y"  Pathways to recovery By Denise @ 1:00 p.m.	8 Morning @ the "Y"  Concurrent Disorder group with Bob Mc @ 1:00 p.m.	9 Please check the PSP calendar for upcoming workshop
10	11 CLEAN UP THE YARD!!!! ALL TO BE HERE THANK-YOU	12 Jamming @ 10 a.m. bring your guitar  Depression group @ 1:00 p.m.	13 Speaker from Tracks @ 10 a.m.  CBT with Cory @ 1:00 p.m.	14 Morning @ the "Y" Pathways with Denise @ 1:00 p.m.	15 Morning at the "Y"  Concurrent disorder group @ 1:00 p.m.	16 Please check the PSP calendar for upcoming workshop
17	18 Victoria Day, Closed	19 Jamming @ 10 bring your guitar  Depression group @ 1:00 p.m.	20 Baking by Matt  CBT with Cory @ 1:00 p.m.	21 Coupon Morning @ 10:00 a.m.  Pathways to recovery with Denise @ 1:00	22 Massive clean inside the center  Concurrent Disorder group @ 1:00 p.m.	23 Please check PSP calendar for upcoming workshop
24	25 Ricardo speaking at 10 a.m. Social afternoon	26 Cooking classes by Kelly @ 9:30  Depression group @ 1:00 p.m.	27 Morning at the "Y" CBT with Cory @ 1:00 p.m.	28 CMHA Family Group @ 10:00 Pathways to recovery with Denise @ 1:00 p.m.	29 Members to BBQ  Concurrent disorder group @ 1:00 p.m.	30 Please check PSP calendar for upcoming workshop
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### CSP HOURS OF OPERATION

Monday to Friday, 9:30 a.m. until 4:00 p.m.

PSP Self-help Workshops on Saturdays, from 9:30 a.m. until 2:00 p.m. Please see PSP calendar for upcoming workshops

### Community Suppers

All Saints, May 13th @ 5:30

Trinity United, May 20th @ 5:30

Presbyterian Church, May 26th @ 5:00

Consumer Survivor Project  
Mental Health/Addictions  
For Simcoe County  
12 Erie Street  
Collingwood, ON.  
L9Y 1P4

